



Please join us in welcoming
Sifu Marilyn Cooper to
Family Martial Arts Academy on Saturday
September 16, 2017

9:30 - 10:30 ♦ Peace Games

For children up to age 14 and their parents. The Peace Games is a set of progressive exercises that set the stage for a shift away from the bully/victim paradigm and towards a mutually beneficial exchange. Participation will provide an opportunity to play on a level playing field, a safe space where there are no winners and no losers, an experience in which everyone gains.

10:30 - 11:30 ♦ Shaolin Form and Applications

All adults (Age 14+) and/or anyone who is a brown belt or higher may attend this session. For Juniors lower than brown belt who are interested, get permission from Sensei Bryce.

11:30 - 12:30 ♦ Guang Ping Tai Chi

This session is open to anyone with knowledge of the Guang Ping Tai Chi form (any tai chi students at FMAA, karate students with a familiarity of the form, and Sensei Danni's West Linn tai chi group).

Pushing for Peace
is a non-profit organization
dedicated to
peace and wellness for all.

Learn more at:

www.pushingforpeace.org

More on Marilyn Cooper:

www.littleriverkf.com/teachers/master-marilyn-cooper

<http://youtu.be/kiecVrMNMBM>

This event is FREE
All are welcome to attend

If you would like a copy of
The Peace Games Manual,
a \$10 donation is requested.

*(FMAA will match each donation so
Pushing for Peace receives \$20 for each
manual)*



Family Martial Arts Academy

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